

JOIN THE VOICES FOR RECOVERY
invest in health, home, purpose, and community



National
Recovery Month
Prevention Works - Treatment is Effective - People Recover
september 2018

Voices for Recovery 14th September 2018

Supporting National Recovery Month

National Recovery Month (Recovery Month) is a national observance held every September to educate Australians that substance use treatment and mental health services can enable those with a mental and/or substance use disorder to live a healthy and rewarding life.

Recovery Month celebrates the gains made by those in recovery, just as we celebrate health improvements made by those who are managing other health conditions such as hypertension, diabetes, asthma, and heart disease.

For more information www.recoverymonth.gov

World Hearing Voices Day

September 14 is World Hearing Voices Day and we celebrate hearing voices as part of the diversity of human experience, increasing awareness of the fact that you can hear voices and be healthy. It challenges the negative attitudes towards people who hear voices and the incorrect assumption that hearing voices, in itself, is a sign of illness.

World Hearing Voices Day reinforces the positive message that is essential for overall health and the Hearing Voices Approach is effective and shows people can and do recover.

For more information www.intervoiceonline.org

Recovery Box Launch



The Recovery Box will change how information about Recovery is made available to Consumers, Carers, Mental Health Professionals and the general public.

For more information www.recovery-box.com

Peter Hawes



ELEVEN years ago Peter Hawes' world was filled with demons, menacing clowns, "people who were going to stab me", and 28 voices providing an abusive commentary on almost everything he did.

The idea of the Recovery Box was formulated on 27 February 2018 when Peter Hawes and Douglas Holmes met in Point Cook, Victoria to put their ideas down on paper and to start clarifying what was needed to turn the Recovery Box from an idea into a project that would change how information would be made available to Consumers, Carers, Mental Health Professionals and the general public.

Mr Hawes is an enthusiastic proponent of the hearing voices movement, a novel approach to the treatment of psychosis that is spreading around the globe and receiving support from the traditionally cautious psychiatric sector.

For more information www.psychpatientnomore.com

Venue



Based in Argenton, Club Macquarie is just down the road from Warners Bay located in what is an increasingly popular area, frequented by locals and tourists alike. Not far from shopping centres and plenty to do, there are ample facilities on our doorstep to entertain all interests.

14th September 2018, 458 Lake Road, Argenton NSW 2284
(walking distance from Cockle Creek Train Station and a Bus stop is in front of the club)

Start Time: 10.30 for a 11.00 start

For more information www.clubmacquarie.com.au

Recovery Box Order Information

MH-worX and SUPER CRO are pleased to be involved in the launch of the Recovery Box as part of National Recovery Month.

The Recovery Box will normally retail at \$260.00, however
For a limited time Recovery Boxes will retail at \$185.00 each

A limited number of people will have an opportunity to become an Authorised Reseller and purchase Recovery Boxes for resale for \$130.00 in designated areas around Australia.

To order a Recovery Box or for more information about becoming an Authorised Reseller send an email to info@mh-Worx.com

