



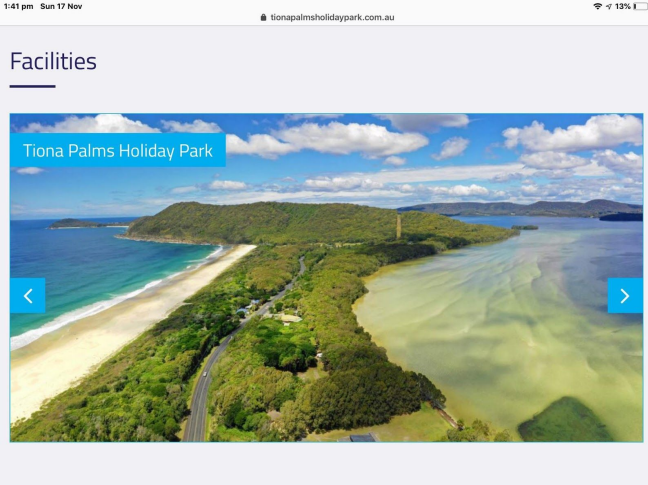
SUPER CRO Standard


Issue 4

[ABN 13 468 620 490](https://abn.gov.au/abn/13468620490)

April 2020

SUPER CRO Responsible Persons have had a busy time since the last issue of SUPER CRO Standard including 2 Zoom Video Conference link up on the 3rd Friday of the month at 3pm AEST. SUPER CRO will be continuing to hold follow up monthly Zoom meetings on the third Friday of the month. To register for future Zoom meetings [click on this link.](#)

<p>How do I get Involved with SUPER CRO?</p> <p>To Join SUPER CRO click here</p>	<p>Sign up for more information about SUPER CRO</p> <p>Go to Google Forms</p>
<p>How many projects are Active Members of SUPER CRO currently working on:</p> <p>SUPER CRO is currently supporting members with 17 projects that Active Members are working on. An increase of 2 since the last newsletter</p> <p>More information about the projects can be found throughout the SUPER CRO Standard or click here for more information,</p>	

	<p>SUPER CRO members are holding planning meetings to promote National Recovery Month in Australia during September.</p> <p>A Recovery Camp is being planned for Tiona Park near Forster on the Mid North Coast of NSW. You can be actively involved in the planning by registering and attending follow up monthly Zoom meetings on the third Friday of the month. To register for future Zoom meetings click on this link.</p>
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The image below is the start of what the program might look like for Recovery Camp 2020



Start of developing session plan for 2020 Tiona Park Recovery Camp 30 Sept to 7 October

Time	Wed	Thur	Fri	Sat	Sun	Mon	Tue	Wed
7 - 9		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9 - 11		S 1 Gather at Peace Pole	S7	S 13	S 19 Gather at Green Cathedral	S 25	S 31	S 37
11 - 1		S 2	S 8 WFGW	S 14	S 20	S 26 WFGW	S 32	S 38 Departure
1 - 3		S 3 WFGW	S 9 Beach Cricket	S 15 Prep for MP	S 21 Recovery Sticks	S 27 National Recovery Quilt	S 33	
3 - 5	Registration	S 4	S10	S 16	S2 2	S 28	S 34 WFGW	
5 - 7		S 5	S11	S 17 Mad Pride	S 23	S 29	S 35	
7 - 9		S 6	S12	S 18 Mad Pride	S 24	S 30	S 36	

This is the first draft of the session plan for 2020 Tiona Park Recovery Camp. The first planning meeting will be held on Friday 21 February 2020 on a Zoom Video Link that will be sent out closer to the day There are 38 sessions blocks of two hours duration that will need to be filled.

To make contact with the SUPER CRO email the Chairperson, Lynda Hennessy

Chairperson@supercro.com or SUPER CRO Project Manager pm@supercro.com

The idea for SUPER CRO started in 2010 when [Lynda Hennessy](#) and [Douglas Holmes](#) visited Kansas and witnessed how Consumer Run Organisations were contributing to supporting consumers in Kansas during the 2010 Recovery Conference. SUPER CRO is an acronym for Service Users, Participating, Education, Researching, Consumer Run Organisations.

We are being supported by Consumers in [Kansas](#) and [Georgia](#) and in particular [Gary Parker](#), [Koleen Garrison](#) and [Melissa Patrick](#)

Members of SUPER CRO have submitted an application to Kickstarter to gain some funds to kick the Recovery Box project into Stage 2. If we are successful with our goal of \$10,881 we will have 50 Recovery Boxes to distribute across Australia to further test the concept of developing a project that will allow people to access Peer Reviewed Mental Health Information. More Information <https://www.kickstarter.com/projects/recoverybox/recovery-box>



Would you like to be part of Stage 3 of the Recovery Box [click on this link.](#)

What has the SUPER CRO Responsible Persons been doing since 30 August?

The Responsible Persons for SUPER CRO held their 2nd formal meeting on 30 March 2020 and continued to work on their plan of action for the SUPER CRO over the next 12 months. This included:

1. Increase Awareness of [SUPER CRO](#)
2. Develop an action plan for Section 14 of the SUPER CRO rules
3. Promote the action plan with members and potential members of SUPER CRO
4. Plan the first Annual General Meeting for December 2019 = December 18 2020

Who are the SUPER CRO Responsible Persons?

To learn more about what the SUPER CRO Responsible Persons do [click here](#) To see more about either [Lynda](#), and [Peter](#):

The date has been set for the first AGM: Friday 18 December 2020. We are exploring having the AGM in the Albury/Wodonga area. The time and venue will be announced closer to the time. Pete McGee will demonstrate his Warm Fused Glass Workshop Portable Kiln and new committee members will be appointed then.

What is an Active Member of SUPER CRO?

An Active Member of SUPER CRO is a person with lived experience of mental distress or trauma background who is actively involved in the day to day activities of SUPER CRO.

We now have 23 members of SUPER CRO after the Responsible Persons confirmed this at their formal meeting on 30 March.

A letter has been sent to all members confirming their membership status.

What is Section 14 of the SUPER CRO rules?

14. Duties of the committee

1. Among its other responsibilities, the committee is responsible for making sure that:

- accurate minutes of general meetings and committee meetings are made and kept
- other records are kept in accordance with rules and
- documents of the association made available to members in accordance with rules

14.1. Committee members must:

- comply with their legal duties under Australian laws and ensure that the association complies with its duties under Australian laws, and
- meet the requirements for responsible entities (committee members) of registered charities and comply with the duties described in governance standard 5 of the regulations made under the ACNC Act which are:
 - o to exercise their powers and discharge their duties with the degree of care and diligence that a reasonable individual would exercise if they were a committee member of the association
 - o to act in good faith (fairly and honestly) in the best interests of the association and to further the charitable purpose(s) of the association set out in rule 4,
 - o not to misuse their position as a committee member
 - o not to misuse information they gain in their role as a committee member
 - o to disclose any perceived or actual material conflicts of interest o to ensure that the financial affairs of the association are managed responsibly, and
 - o not to allow the association to operate while it is insolvent.

3. For clarity, rule 16.1 is intended to require compliance with the ACNC governance standards as amended or modified from time to time.

One of the many benefits for SUPER CRO with gaining charity status with the ACNC was that we could apply to Connecting Up, provides technology donations and discounts as well as directories of nonprofits and technology suppliers, and hosts the premiere nonprofit event in the continent annually. Based in Adelaide, South Australia.

To date, Connecting Up has served more than 15,000 nonprofits in Australia and 4,500 in New Zealand. **Email:** customercare@connectingup.org **Website:** connectingup.org
Tel: +61-1300-731-844 In addition to their technology discounts and donations program, have a look at their website to see some of their programs **Website:** connectingup.org



The Recovery Box is a small box (about the size of a slice of bread) that plugs into a TV monitor through a HDMI cable.

It allows users to access a range of programs that will change how information about Recovery is made available to Consumers, Carers, Mental Health Professionals and the public.

More Information [here](#)

Another project SUPER CRO is working on with members and others interested people is the National Recovery Quilt. The Recovery Quilt was launched at the first 2016 Recovery Camp.

People on the camp were asked to identify one standard that they would create an image for and develop up to 150 words that related to the standard and work to create a 5/7 minute film script that would be workshopped with other members of SUPER CRO. More information [here](#)

Standard 3

[Consumer and Carer Participation](#)

• The SUPER Group davidjfernie@gmail.com



Ben is mascot for the Team Marbles Challenge (TMC). In 2019 the Challenge was won by the Red Team. Our Chairperson, Lynda Hennessy is the captain for the Red team.

Preparation is underway for the 2020 event More information about the TMC can be found [here](#)