



# SUPER CRO Standard

Issue 6

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January 2021

SUPER CRO Responsible Persons have had a busy time since the last issue of SUPER CRO Standard including the 1st Annual General Meeting (AGM) plus 5 Zoom Video Conference link ups on the 3rd Friday of the month at 3pm AEST. To register for future Zoom meetings [click on this link](#).



On 18/19 December 2020 members of SUPER CRO met in Wodonga, Victoria to hold a Recovery Box Workshop and the 1st AGM.

During the AGM the members were presented with the 2020 Annual Information Statement that was passed and uploaded to the Australian Charities and Not for profits Commission(ACNC) website: [click here](#).

A copy of SUPER CRO Annual Report can also be found [here](#)

We are very grateful to Connect & Support for the use of their premises and look forward to working with them in the future.

The following people were nominated as [Responsible Persons](#) and accepted by members attending the meeting.

The chairperson for the next 12 months is Lynda Hennessy [chairperson@supercro.com](mailto:chairperson@supercro.com)

The vice chairperson for the next 12 months is Pete McGee [vicechairperson@supercro.com](mailto:vicechairperson@supercro.com)

The secretary for the next 12 months is Tori Duncombe [secretary@supercro.com](mailto:secretary@supercro.com)

1 Ordinary committee was elected for the next 12 month Kristy Mounsey

The GOVERNANCE STANDARD 5: DUTIES OF RESPONSIBLE PERSONS requires charities to take reasonable steps to make sure that the following duties apply to Responsible Persons and that they follow them. The duties can be summarised as follows:

- to act with reasonable care and diligence
- to act honestly and fairly in the best interests of the charity and for its charitable purposes
- not to misuse their position or information they gain as a Responsible Person
- to disclose conflicts of interest
- to ensure that the financial affairs of the charity are managed responsibly, and
- not to allow the charity to operate while it is insolvent.

Generally, the duties mean that responsible persons should act with standards of integrity and common sense.

## **What have the SUPER CRO Responsible Persons planned for the next 12 months.**

During the 1st AGM on 19 December 2020 members present discussed and approved the SUPER CRO Annual Report that covers the period from 1 July 2019 till 30 June 2020 [click here for a copy](#). The future work identified in the report includes

### **Looking To The Future**

Holding a successful AGM is a major step forward in the life of SUPER CRO becoming a legal entity and will allow members to be confident that SUPER CRO will achieve its mission and vision:

*Our Mission is to aid consumers through education, advocacy, collaboration, feedback and equal representation*

*Our Vision with SUPER CRO is to create safe places where people who have experienced mental health diagnosis can come together to support each other in furthering their recovery, and join their voices to support improving mental health services. It is a place to receive support, but more importantly, a place to give back, to be of service and contribute to my community.*

SUPER CRO will continue to hold the members meeting on 3rd Friday of the month and you can register on our website to attend.

The incoming Responsibles Persons will have the opportunity to do further work on the many policies that SUPER CRO will need to develop during the next reporting.

An example of this ongoing work is taken from our current Governing Document:

### **Record-keeping**

1. The association must make and keep written financial records that:
  - correctly record and explain the association's transactions and financial position and performance, and
  - enable true and fair financial statements to be prepared and to be audited.
2. The association must also keep written records that correctly record its operations, and be able to produce these records if required by law.
3. The association must retain its records for at least seven years, or as otherwise required by the ACNC Act or any other laws that may apply (for example, taxation law).
4. The committee members must take reasonable steps to ensure that the association's records are kept safe.

### **Contracts**

1. As an unincorporated association, the association cannot enter into contracts in its own name but only in the collective names of three or more individuals appointed by the committee.
2. The individuals who enter into the contract under the previous rule may elect to re-execute a contract if one or more of the individuals is no longer a member of the association, in which case the committee shall appoint one or more individuals in their place.

### **CONTACT US**

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Facebook: <https://www.facebook.com/Consumerconversations2017>

The idea for SUPER CRO started in 2010 when [Lynda Hennessy](#) and [Douglas Holmes](#) visited Kansas and witnessed how Consumer Run Organisations were contributing to supporting consumers in Kansas during the 2010 Recovery Conference. SUPER CRO is an acronym for Service Users, Participating, Education, Researching, Consumer Run Organisations.

We are being supported by Consumers in [Kansas](#) and [Georgia](#) and in particular [Gary Parker](#), [Koleen Garrison](#) and [Melissa Patrick](#)

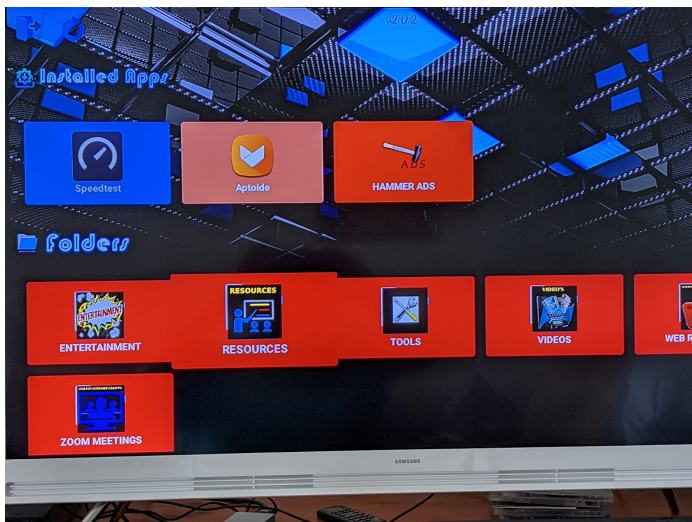


The Recovery Box is a small box (about the size of a slice of bread) that plugs into a TV monitor through a HDMI cable.

It allows users to access a range of programs that will change how information about Recovery is made available to Consumers, Carers, Mental Health Professionals and the public.

With stage 2 of the Recovery Box project we now have 39 of the 50 boxes actually being used by some members and people who have identified their interest in supporting the Beta testing with the Recovery Box development. More Information [here](#) about how we have supported the development of the Recovery Box.

### Feedback from members using the Recovery Box



Several members have been actively supporting the development of the Recovery Box through the Beta testing of the Recovery Box.

With the assistance of a young woman from South Africa doing some of the coding that Pete and members involved in the Beta Testing has seen the release of Version 2.0.2. This version takes us one step closer to our goal of having the Recovery Box ready for the wider General population across Australia.

We plan to have the RB ready for release at the [2021 Melbourne TheMHS Conference](#).

Warm Fused Glass Workshops is another project that SUPER CRO is supporting in 2021. The two-day workshop is suitable for people who have experienced mental and emotional distress, families and supporters, mental health and community workers, doctors and therapists, and anyone who would like to better support people who have experienced mental and emotional distress. The purpose of the workshops is to teach participants how to make 3 kinds of fused glass pendants; from start to finish, as a salable product. Participants



will also be taught how to use Market Taxi to raise funds for consumer-run projects; and ways of using creativity to cope with emotional distress and symptoms which have been shown to improve people's relationships with their experiences and feel more empowered. More Information [here](#)



Ben is mascot for the Team Marbles Challenge (TMC). In 2019 the Challenge was won by the Red Team. Our Chairperson, Lynda Hennessy is the captain for the Red team.

Preparation <http://www.cosnp.info/s> underway for the 2021 event

More information about the TMC can be found [here](#)

2021 may turn out to have similar results as 2020 however, I am working with the Team Marbles Captains from 2019 [Lynda Hennessy](#) Jonathan Harms [Bill Yan](#) Charmaine Jones to organise a meeting to start the conversation about 2021. I have two new organisations wanting to be involved.

Here is a link <https://www.twitch.tv/videos/172278912> from Twitch of one the presentations we did with [Gary Parker](#) in Kansas in 2018 about what was involved in getting a team involved in the Team Marbles Challenge



SUPER CRO members are holding planning meetings to promoter [National Recovery Month](#) in Australia during September.

The 2020 Recovery Camp was held at Tiona Park near Forster on the Mid North Coast of NSW.

You can be actively involved in the planning for 2021 by registering and attending follow up monthly Zoom meetings on the third Friday of the month. To register for future Zoom meetings [click on this link.](#)

**How do I get Involved with SUPER CRO?**

To Join SUPER CRO [click here](#)

Sign up for more information about SUPER CRO

[Go to Google Forms](#)

How many projects are Active Members of SUPER CRO currently working on:

SUPER CRO is currently supporting members with 17 projects that Active Members are working on. An increase of 2 since the last newsletter

More information about the projects can be found throughout the SUPER CRO Standard or [click here](#) for more information,